



adventure  
TREKS

# CALIFORNIA CHALLENGE

SUMMER 2020



Explore the grandeur of northern California for 24 days! Hike through the Shasta-Trinity Alps, one of the most beautiful wilderness areas we visit. Experience immense bonding with your new friends while whitewater rafting the Middle and Upper Klamath River. Mountain bike and rock climb in the shadows of Mt. Shasta before preparing for a summit attempt of this famous California 14er. Discover why the Lost Coast is aptly named while backpacking along secluded beaches. Finish your trip with a day hike among the world's most majestic trees in Humboldt Redwoods State Park.



CURRENT GRADES

9<sup>TH</sup> - 11<sup>TH</sup>

LENGTH

24 DAYS

“Tyler loved the California Challenge trip! I am not sure I can point to only one valuable thing at this point. After years of Camp Pinnacle and now three summers of Adventure Treks, I think it is the overall culture that has kept him coming back each summer. He is already planning to join Alaska next summer!”  
Marni Eisner, third-year parent from Winston-Salem, NC

ACTIVITIES



Backpacking



Inflatable kayaking



Mountain biking



Mountaineering

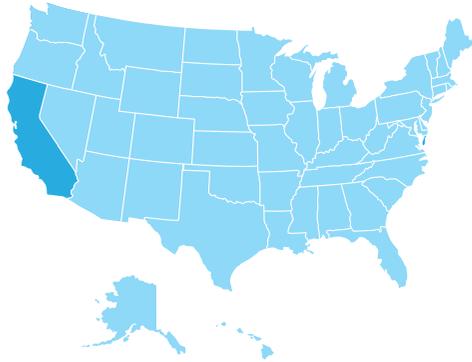


Rock climbing



Whitewater rafting

# ITINERARY



## DAY 1 ARRIVAL

Fly or drive into Sacramento International Airport (SMF) and meet your group and instructors! Once all students and their luggage have arrived, we'll drive up to Shasta-Trinity National Forest, where we'll have our delicious "Yahoo!" dinner (chicken, steak, veggie burgers, cheesy mashed potatoes, and fruit salad) and spend our first night playing games and getting to know each other.

## DAY 2 DAY HIKE

Students will split up into smaller groups to hike different trails around Boulder Lake in Shasta-Trinity National Forest. Everyone will hike to a stunning alpine lake, where we'll eat lunch and get to swim!

## DAYS 3-7 BACKPACK IN SHASTA-TRINITY NATIONAL FOREST

The Trinity Alps range was named after its more famous European counterpart due to its chiseled granite peaks and domes. Spend five days wandering through lush, green valleys carved by glaciers long ago, beneath one of the greatest conifer forests in the world. Black bear, bobcats, blacktailed deer, pine marten, wolverine, and many more species of wildlife call the Trinity Alps home. In the afternoon, cool off with a refreshing swim in one of the region's hundreds of alpine lakes! At night, settle in with your new best friends, blanketed by the brightest stars you've ever seen.





**DAY 8**

**MOUNTAIN BIKE AT  
LAKE SISKIYOU**

No matter your skill level, all students love to ride around Lake Siskiyou. Nestled at the foot of 14,179-foot Mt. Shasta, you can choose to ride the fun downhill or take a mellower approach on more beginner-friendly tracks as you alternately wind through thickly forested areas and wide-open trails.

**DAY 9**

**WHITewater RAFT THE  
UPPER KLAMATH RIVER**

Head a bit north to southern Oregon to ride the nonstop flow of the Upper Klamath. Drop down more than 30 class III and IV rapids on this Wild and Scenic River, surrounded by the volcano-peppered Cascade Range. This one is a thrill ride!

**DAY 10**

**ROCK CLIMB AT CANTARA ROCKS**

This beautiful riverside crag has routes for all abilities. Progress in difficulty as you feel ready, and when it's time to cool off, jump into one of several swimming holes in the Sacramento River just a few yards away.





**DAYS 11–13**

**CLIMB MT. SHASTA (14,162 FEET)**

We'll spend three memorable days on this mammoth mountain that commands the landscape of northern California. First, learn how to use ice axes and crampons in "snow school." Then for our summit attempt, we wake up when it's still dark to start our hike—our reward is the most vibrant sunrise you've ever seen.

**DAY 14**

**LOGISTICS AND TRAVEL**

Laundry day! Students and instructors will work together to get laundry done, refresh our food supply, and do a thorough van clean-up. Then we'll head to the Middle Klamath River for rafting.

**DAYS 15–17**

**WHITewater RAFT THE MIDDLE KLAMATH RIVER**

Spend three days bonding with your friends paddling inflatable kayaks and rafts down the Middle Klamath, the second-largest river in the state. Hop out of your raft and hike to some of the coolest waterfalls you've ever splashed around in, and gather around beautiful campsites at night. Top it all off with splash wars while you're surrounded by dramatic, lush greenery! This is one of the most memorable and fun experiences of California Challenge.

**DAY 18**

**TRAVEL DAY**

After coming off the river, we'll pack up and head to our second backpack along the Lost Coast.



**DAYS 19–22**

**BACKPACK THE LOST COAST**

Immerse yourself in the wildness of the most untouched stretch of beach in the country. Journey for four days among black sand and pebbly beaches and hop over barnacled boulders. Learn how to read a tide table, with steep cliffs on one side, and the vast expanse of the Pacific on the other. Some days may have bluebird skies, while on others you'll stroll in and out of mystical fog. This is one magical hike you and your friends will never, ever forget.

**DAY 23**

**HIKE IN HUMBOLDT REDWOODS STATE PARK**

Famously known for its "Avenue of the Giants" tour, this 53,000-acre park contains the largest expanse of ancient redwoods in the entire world. It's home to the Dyerville Giant, which at 362 feet tall was once the world's tallest tree until it fell in 1991.

**DAY 24**

**DEPARTURE**

We promise you this: You won't want to leave! But it'll be time for our adventure to come to an end. Relive every memory the night before with a celebratory dinner, and exchange contact info with all of your new best friends so you can stay in touch.

“AT fosters kids’ resilience, self-confidence, social skills, flexibility, and humility. During the school year, Caroline is the type of kid who has a full schedule from morning to night. Her AT experiences give her the opportunity to get away from all of that and to appreciate some of the more basic things in life. She loved her whole trip; her least favorite part was coming home.”  
Suzanne Baillie,  
second-year parent  
from New York, NY

## TRAVEL INFO

### Arrive and depart from Sacramento, CA

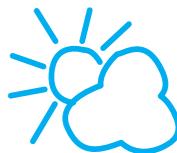


\*Please do not book flights until your child has been officially accepted and enrolled on the California Challenge trip. However, if you'd like to look up flight options, all students need to arrive to SMF between 8 a.m. and 1 p.m. the first day of the trip, and depart SMF between 6 a.m. and 1 p.m. the last day of the trip.

“Adventure Treks is a great way to expand your child’s horizons, whether by developing a love for the outdoors, gaining self-confidence to push himself and try new things, or becoming part of a community that requires everyone to do their part while having a lot of fun. Oh, and students also realize they can be electronics-free for multiple weeks and still have an amazing time! My son really liked his group of peers and enjoyed meeting kids from other parts of the country.” Valerie Busch, second-year parent from Charlotte, NC



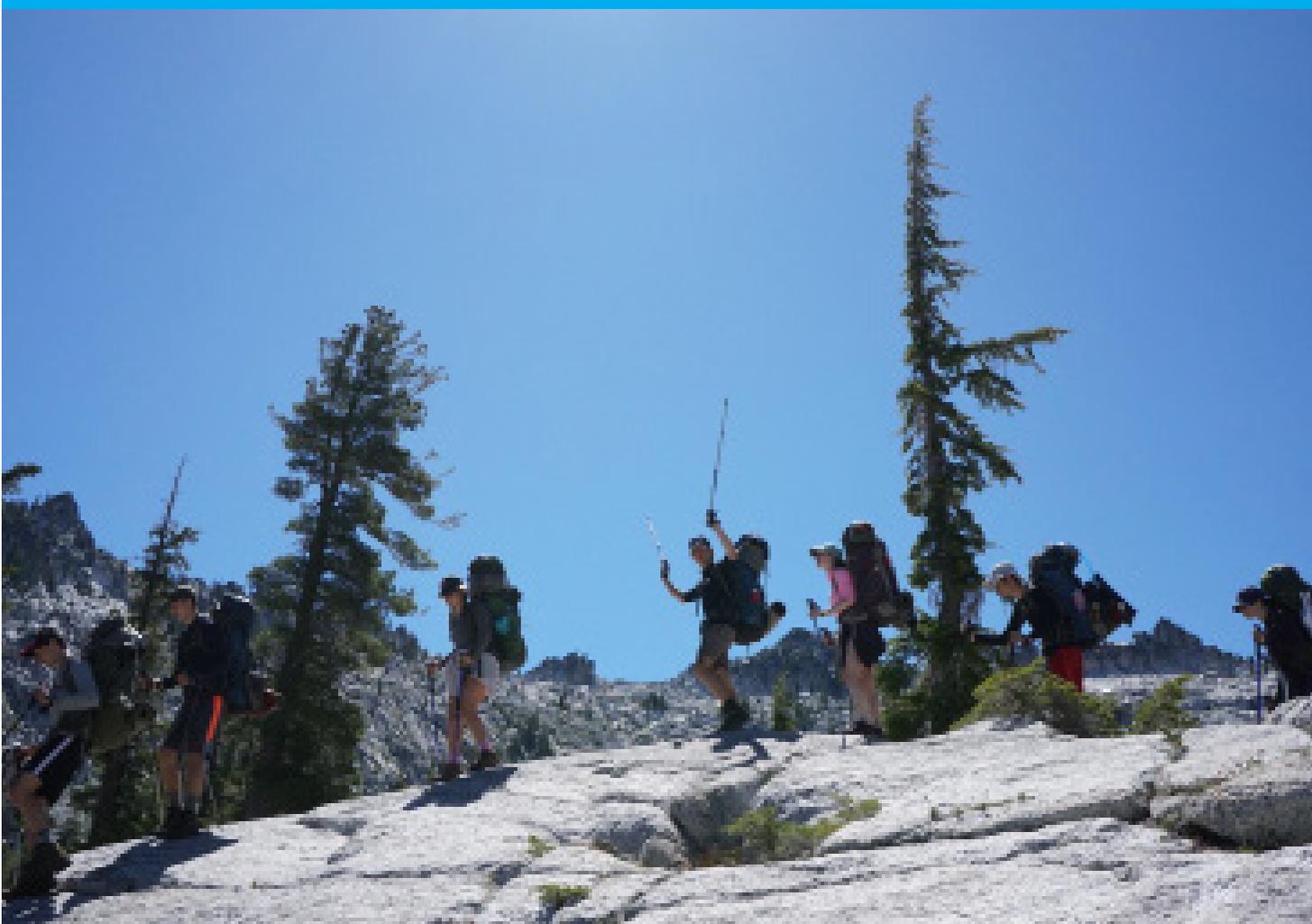
**TRANSPORTATION TO AND FROM THE ADVENTURE IS THE RESPONSIBILITY OF THE FAMILY.** Our instructors will be eagerly awaiting each of our students’ arrivals at the Sacramento International Airport. We try our best to meet every student as they walk off the plane, but in the rare event we are unable to, we will call and text your child to guide them to a meeting place. Students call home as soon as they meet with our instructors and gather their baggage.



## WEATHER INFO

Our main concern about California is getting too much sun and not drinking enough water. While it will likely be sunny and warm the entire trip, we’ll probably experience chilly temperatures while on Mt. Shasta, and possibly fog and drizzle along the Lost Coast. One ill-prepared person can negatively affect the safety and fun of the whole group, so please come prepared. We are preparing for a worst-case weather scenario with [this list!](#)

# LOGISTICS



“Rachel had an amazing summer adventure and experience. She came back full of stories and with a new sense of accomplishment, love of the outdoors, and many new friendships. Communication was always so well-written and very well thought-out. Adventure Treks is a really well-run company, and I was very impressed.” Tamar Brooks, second-year parent from London, England

## DATES

6/22/20 – 7/15/20

7/6/20 – 7/29/20

7/19/20 – 8/11/20

## PRICE

**\$5,395**

## INCLUDED IN TUITION:

- » All food and lodging
- » All group and technical equipment (tent, sleeping bag, sleeping pad, backpacking pack, mess kit, etc.)
- » Guided activities

## NOT INCLUDED IN TUITION:

- » Trip insurance
- » Airfare to and from
- » Personal clothing and items (see the [California Challenge packing list](#))



## READY TO SIGN UP? THERE ARE THREE WAYS:

- » APPLY ONLINE AT [ADVENTURETREKS.COM/ENROLL](https://adventuretreks.com/enroll)
- » CALL US AT 888-954-5555
- » OR EMAIL AMANDA FOX-MCGLASHAN, OUR MARKETING DIRECTOR, AT [AMANDA@ADVENTURETREKS.COM](mailto:AMANDA@ADVENTURETREKS.COM)



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