



adventure
TREKS

PACIFIC NORTHWEST EXPLORER

SUMMER 2020



PACIFIC NORTHWEST EXPLORER 2020

For three weeks, come explore the lush and vibrant landscape of the Pacific Northwest. Stand at the summit of Mount St. Helens and peer down into a still-smoking crater—an incredible photo opportunity!—before glissading (sliding) down the mountain. Hike through North Cascades National Park, nicknamed the “American Alps” for its dramatic, glacier-covered peaks. Canoe on the emerald-colored Ross and Diablo lakes. Rock climb in one of Washington’s most beautiful areas, Icicle Creek Canyon (don’t worry—you won’t freeze here!), before hopping into a raft on the Wenatchee River to cool off in the rapids. Sleep under the stars on the beach in Olympic National Park, sea kayak in the calm waters of Port Angeles, and finish your visit with a thrilling rafting trip down the world-famous White Salmon River.



CURRENT GRADES
7TH–8TH

LENGTH
20 DAYS

“The trip of a lifetime. I repeat, the time of a lifetime. The best of leaders, nature, personal challenges, overall growth, friends and personal awareness! You are all THE BEST! No improvements needed!” *A.B., third-year parent from Laurens, SC*

ACTIVITIES



Backpacking



Canoeing



Rock climbing



Mountaineering



Sea kayaking



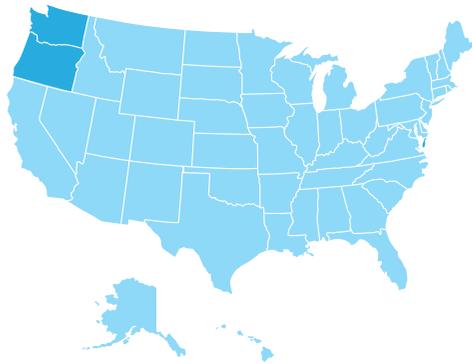
Whitewater rafting

Backpacking

Mountain hiking

Mountain summit

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DAY 1 ARRIVAL

Fly or drive into Portland International Airport (PDX) and meet your group and instructors! Once all students and their luggage have arrived, we'll drive up to Olympic National Forest, where we'll have our delicious "Yahoo!" dinner (chicken, steak, veggie burgers, cheesy mashed potatoes, and fruit salad) and spend our first night playing games and getting to know each other.

DAY 2 DAY HIKE

Students will split up into smaller groups to explore different trails in the southern region of Olympic National Forest. Everyone will hike to a stunning alpine lake, where we'll eat lunch and get to swim!

DAYS 3-6 BACKPACK IN OLYMPIC NATIONAL PARK

Olympic National Park contains one of the country's most beautiful and wild beach hikes. Over four days, you'll get to see bald eagles, otters, sea lions, and seals while walking with the sea on one side and sheer cliffs on the other. Camp on secluded beaches, surrounded only by your best new friends, impressive sea stacks, and starry skies.





DAY 7

SEA KAYAK IN PORT ANGELES

Surround yourself with otters, harbor seals, bald eagles, and maybe even a whale while sea kayaking off the rugged coast in the Strait of Juan de Fuca. You'll cruise past sea stacks and craggy cliffs, and you may even find a few seastars or sea urchins!

DAY 8

LOGISTICS AND TRAVEL

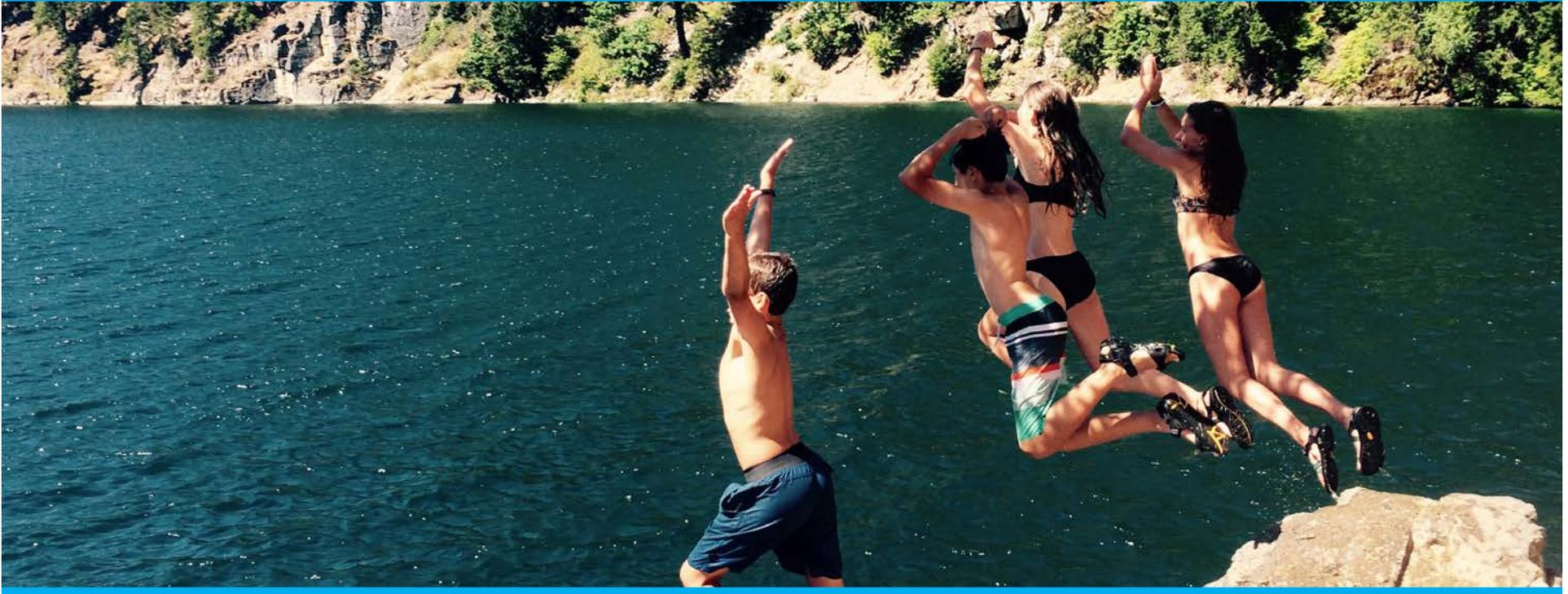
Laundry day! Students and instructors will work together to get laundry done, refresh our food supply, and do a thorough van clean-up. Then we'll head east to Leavenworth for climbing and rafting.

DAY 9

ROCK CLIMBING IN ICICLE CANYON

Though it may sound like a chilly spot, Icicle Creek Canyon is actually named for its native epithet, Nasikelt, and it's actually quite warm! The sheer granite cliffs that line this canyon offer options for everyone, from the timid beginner to the bold veteran. The friends you've made will be there to support and encourage you, no matter which routes you choose to climb. Cool breezes that waft from the river help keep the summer temperatures comfortable, and when you've had your fill of climbing, take a dip in the creek!





DAY 10
WHITEWATER RAFT THE WENATCHEE RIVER

Navigate big and fun rapids on the Wenatchee through Leavenworth, stopping only to jump in swimming holes and start splash wars. The waves are dramatic, but they're also accessible to students of all capabilities!

DAY 11
TRAVEL DAY

After we've had our fill of the Bavarian-themed Leavenworth, we'll head north and prepare for our next backpack in North Cascades National Park.

DAYS 12-16
BACKPACK IN NORTH CASCADES NATIONAL PARK

For five days, you'll hike through glaciers framed by gigantic Fraser fir trees and cascading rivers. The incredibly lush landscape offers multiple opportunities to marvel at its biodiversity, and with a little bit of luck, you might even spot a few sunbathing marmots, mule deer or black-tailed deer, and mountain goats scrambling up rock faces! In between days on the trail, trade your backpack for oars as you canoe on picturesque Ross Lake or Diablo Lake.





DAYS 17-18

**TRAVEL TO CLIMB MT. ST. HELENS
(8,366 FEET)**

It's time to head back toward the Oregon/Washington border to prepare for our climb of Mt. St. Helens! The most famous stratovolcano in the United States beckons to student hikers all of levels. Students will stand on the edge of the ever-growing crater and its surrounding glacier, literally watching geology in the making. Rewards for this challenging hike also include 360-degree views of Mt. Rainier, Mt. Adams, and Mt. Hood.

DAY 19

**WHITewater RAFT THE
WHITE SALMON RIVER**

In 2013, the New York Times rated the White Salmon River as #13 among 46 places to visit worldwide. This Wild and Scenic River is federally protected, leaving the water and forestry in pristine condition. Teamwork is required as you bounce down fun, sustained rapids; laughter is recommended.

DAY 20

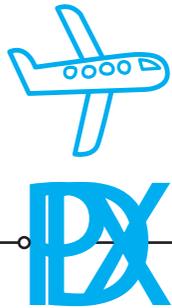
DEPARTURE

We promise you this: You won't want to leave! But it'll be time for our adventure to come to an end. Relive every memory the night before with a celebratory dinner, and exchange contact info with all of your new best friends so you can stay in touch.

“Jess had a great overall experience and truly valued the time she spent on the trip. She had only great things to say about the instructors and plenty of stories to tell about the friends she made on the trip. She is already planning her trip for next year.” *Joanna King, third-year parent from Barrington, RI*

TRAVEL INFO

Arrive and depart from Portland, OR



*Please do not book flights until your child has been officially accepted and enrolled on the Pacific Northwest Explorer trip. However, if you'd like to look up flight options, all students need to arrive to PDX between 8 a.m. and 1 p.m. the first day of the trip, and depart PDX between 6 a.m. and 1 p.m. the last day of the trip.

“The students did some amazing hikes that helped bond the groups together. This was about being away from home, being independent, and meeting new people and experiencing something totally different. The instructors were really motivated, great fun, and very experienced. We can never thank our friends enough for putting us on to this company. You can't put a price on the whole experience: the growth, self-confidence, teamwork, etc.” *Anne Hooley, third-year parent from Pinecrest, FL*



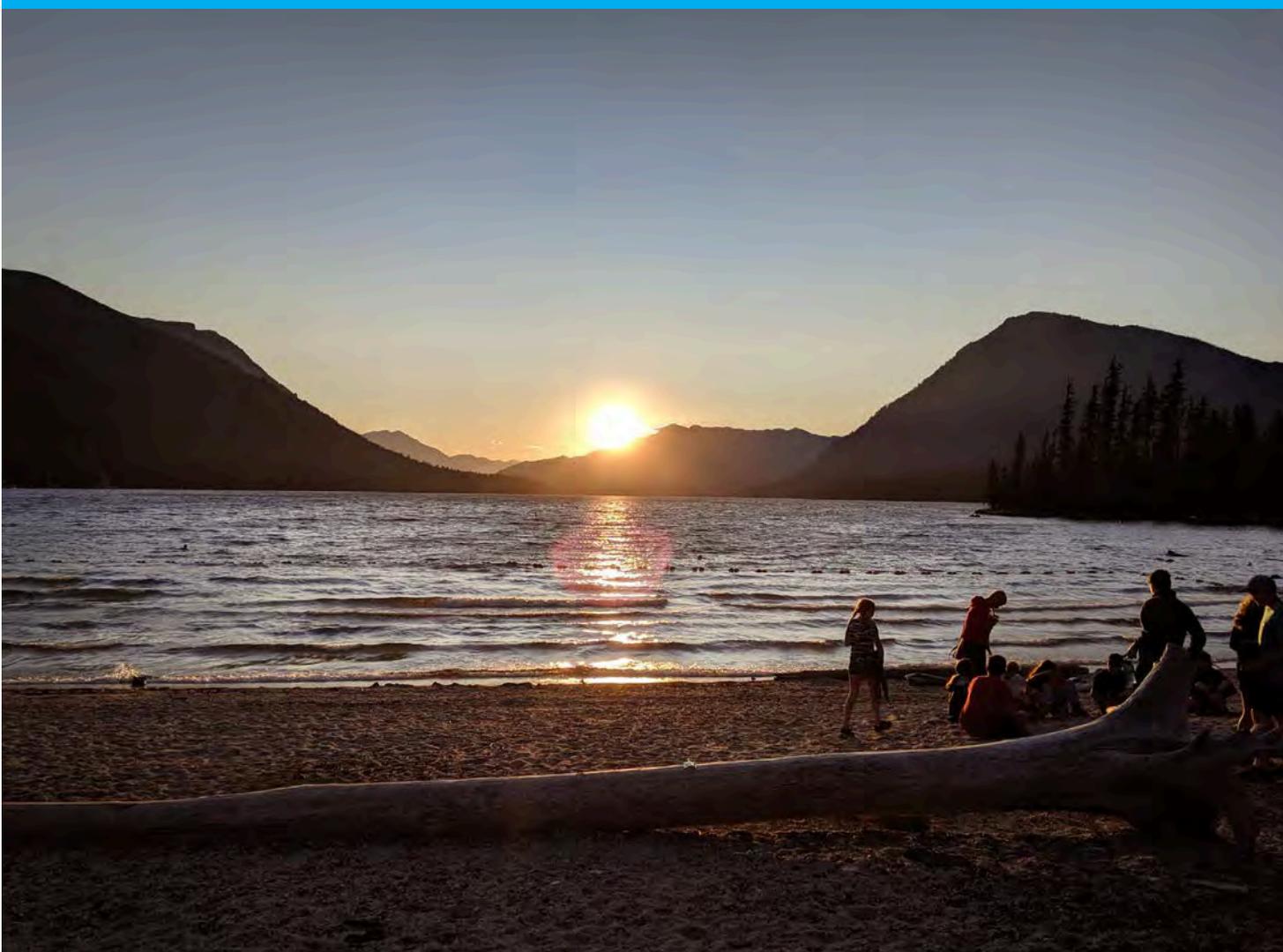
TRANSPORTATION TO AND FROM THE ADVENTURE IS THE RESPONSIBILITY OF THE FAMILY. Our instructors will be eagerly awaiting each of our students' arrivals at the Portland International Airport. We try our best to meet every student as they walk off the plane, but in the rare event we are unable to, we will call and text your child to guide them to a meeting place. Students call home as soon as they meet with our instructors and gather their baggage.



WEATHER INFO

While we generally enjoy warm temperatures and sunny skies in the Pacific Northwest, weather can change quickly. We'll likely see highs in the lower 80s and lows in the upper 50s, though it may be warmer or chillier than that. It typically rains very little in the Pacific Northwest in the summer. However, one ill-prepared person can negatively affect the safety and fun of the whole group, so please come prepared. We are preparing for a worst-case weather scenario with **[this clothing list!](#)**

LOGISTICS



DATES

7/21/20 – 8/9/20

PRICE

\$4,395

INCLUDED IN TUITION:

- » All food and lodging
- » All group and technical equipment (tent, sleeping bag, sleeping pad, backpacking pack, mess kit, etc.)
- » Guided activities

NOT INCLUDED IN TUITION:

- » Trip insurance
- » Airfare to and from
- » Personal clothing and items (see the [Pacific Northwest Explorer packing list](#))

“Adventure Treks was an amazing experience and a chance for my child to move out of her comfort zone and experience challenges and self-growth in a fun and safe environment. I was totally impressed! It was just as advertised. My daughter loved it, and I’m so grateful for that.” *Jill Foster, third-year parent from Durham, NC*



READY TO SIGN UP? THERE ARE THREE WAYS:

- » APPLY ONLINE AT [ADVENTURETREKS.COM/ENROLL](https://adventuretreks.com/enroll)
- » CALL US AT 888-954-5555
- » OR EMAIL AMANDA FOX-MCGLASHAN, OUR MARKETING DIRECTOR, AT AMANDA@ADVENTURETREKS.COM



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