adventure TREKS

# YELLOWSTONE TETON ADVENTURE

SUMMER 2020

Embrace the stunning beauty of Wyoming's Rocky Mountains for two weeks this summer! Backpack through Yellowstone National Park—famous for its concentration of wildlife—keeping an eye out for bison, black bears, lynx, elk, mountain goats, and more. Become an Alzar School student for a four-day introduction to river leadership rafting trip down the stunning Salmon River. Finally, flow down the trails on a mountain bike on Brundage Mountain's exciting trails.

**CURRENT GRADES**

**8TH–9TH**

**LENGTH**

**14 DAYS**

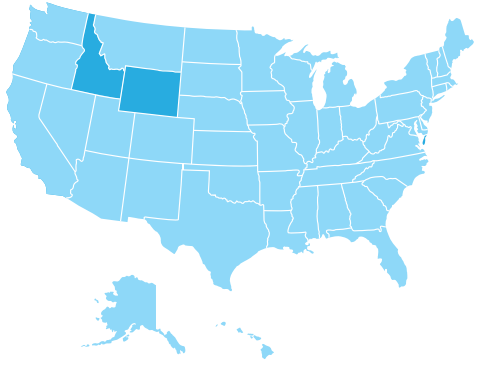
"Adventure Treks provides a great opportunity for kids to reconnect with nature, have fun in an active, challenging way, and be a part of a close community. Every kid needs time away from the modern world to be reminded of the beauty of our world and the people we walk through life with. AT is a great way to do that." *Laura Cattabriga, third-year parent from Miami, FL*

**ACTIVITIES**

**Backpacking** **Mountain biking** **Whitewater rafting**

**Backpacking** **Mountain biking** **Mountain summit**

# ITINERARY



**NOTE:** *Each session of the Yellowstone Teton Adventure may complete their activities in a different order; parents will receive daily, detailed itineraries of their child's specific trip in May 2020.*

**DAY 1**

## ARRIVAL

Fly or drive into Jackson Hole Airport (JAC) or Boise Airport (BOI)* and meet your group and instructors! Once all students and their luggage have arrived, we'll drive to our first campsite where we'll have our delicious "Yahoo!" dinner (chicken, steak, veggie burgers, cheesy mashed potatoes, and fruit salad) and spend our first night playing games and getting to know each other.

* See page 7

**DAY 2**

## DAY HIKE

For trips starting in Boise, students will day hike near Blue Lake in Payette National Forest, surrounded by wildflowers, conifer forests, and alpine ponds. For trips starting in Jackson Hole, students will hike to Bradley and Taggart lakes in Grand Teton National Park, enjoying stunning views of the spectacular Grand Teton above.

**DAYS 3–6**

## WHITEWATER RAFT THE SALMON RIVER

Adventure Treks works with the renowned Alzar School, a semester leadership school based in Idaho, to guide this fun introduction to river leadership course on the magnificent Salmon River. During their four days on the Salmon, students will learn how to navigate downriver as a team and look at environmental issues related to riparian ecosystems. And, of course, they'll tackle exciting rapids and camp on river beaches at night. Bonus: Alzar School provides a semester of electives credit that can be incorporated onto students' transcripts at their traditional school. This is a huge highlight of the Yellowstone Teton Adventure experience.

DAY 7

## MOUNTAIN BIKE AT BRUNDAGE MOUNTAIN

Brundage Mountain pulls double duty: a ski resort in the winter, and a mountain bike haven in the summer! With 20+ miles of trails that are perfect for beginner to advanced riders (and everyone in between), Brundage's rolling terrain offers plenty of thrills and scenic views of Payette National Forest.

DAY 8

## LOGISTICS AND TRAVEL

Laundry day! Students and instructors will work together to get laundry done, refresh our food supply, and do a thorough van clean-up. Then we'll head east to Yellowstone National Park for our backpack.

DAYS 9–12

## BACKPACK IN YELLOWSTONE NATIONAL PARK

Set your sights upon Yellowstone's spectacular Rocky Mountains during a four-day backpacking trip. Avoiding the crowds and heading into more secluded territory, we'll wander past some of the more than 500 geysers scattered throughout America's first national park—the largest concentration of active geysers anywhere in the world! This area also boasts tremendous biodiversity, and it's likely you'll spot some of its famous wildlife on your hike. Ancient violent volcanic activity shaped these mountains into the gorgeous and unique landscape they are today.

**DAY 13**

## SUMMIT HIKE IN GRAND TETON NATIONAL PARK

Set your sights upon a stunning subalpine lake in the Tetons. Amphitheater Lake lies at 9,698 feet, and you'll pass through a conifer forest with countless views of surrounding peaks during your ascent, like the famous Grand Teton, Disappointment Peak, Mount Owen, and Teewinot Mountain. Bonus: You'll get uninhibited views of Bradley and Taggart lakes—where you did your day hike—and miles of green, rolling prairie lands. Keep your eyes peeled for black bear in the distance, mule deer, or grouse!

**DAY 14**

## DEPARTURE

We promise you this: You won't want to leave! But it'll be time for our adventure to come to an end. Relive every memory the night before with a celebratory dinner, and exchange contact info with all of your new best friends so you can stay in touch.

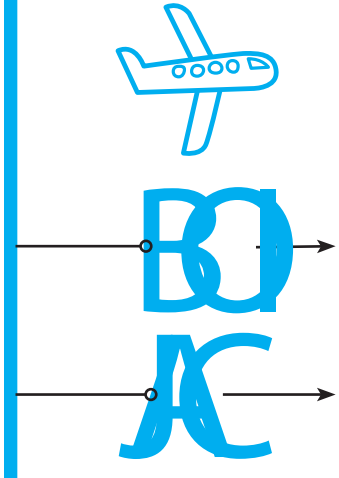
"Adventure Treks provided a way for our son to do activities that we would not have been able to arrange for him, and he definitely enjoyed a break from the same-old, same-old views and activities at home. He came back feeling strong and capable. He seems more confident, and he was really inspired by the beauty out there." *Julia Roettiger, first-year family from Lovettsville, VA*

# TRAVEL INFO

**June 22 session:**
**Arrive to Boise, ID (BOI), and depart from Jackson Hole, WY (JAC)**

**July 10 session:**
**Arrive to Jackson Hole, WY (JAC), and depart from Boise, ID (BOI)**

**July 29 session:**
**Arrive to Boise, ID (BOI), and depart from Jackson Hole, WY (JAC)**




"My son arrived home and couldn't wait to go back next year. He learned so much about himself, working as a community, and understanding the importance of teamwork. The best was he had a blast and he realized he can achieve more than he realizes. He made amazing friends from all over the country, who are loving, kind, caring, and overall wonderful people with common interests. I am so proud of what Zach accomplished!" *Charisse Meyer, third-year parent from Houston, TX*

*Please do not book flights until your child has been officially accepted and enrolled on the Yellowstone Teton Adventure trip. However, if you'd like to look up flight options, please call us for specific arrival and departure windows.

**TRANSPORTATION TO AND FROM THE ADVENTURE IS THE RESPONSIBILITY OF THE FAMILY**. Our instructors will be eagerly awaiting each of our students' arrivals at either Jackson Hole or Boise airports. We try our best to meet every student as they walk off the plane, but in the rare event we are unable to, we will call and text your child to guide them to a meeting place. Students call home as soon as they meet with our instructors and gather their baggage.

# WEATHER INFO

Summers in Yellowstone and Idaho are generally nice, with daytime highs in the 70s and 80s. Evenings are typically cool, and we may experience an afternoon thunderstorm once or twice. While hiking at higher altitudes, it may be chilly and breezy on some days. One ill-prepared person can negatively affect the safety and fun of the whole group. We are preparing for a worst-case weather scenario with **this list!**

# LOGISTICS

"Adventure Treks provided an amazing opportunity for our child to step out of his bubble and experience nature's beauty while gaining independence, building new friendships, and taking a much-needed digital detox! He has made friendships of a lifetime—his community is a new family. He absolutely loved the backpacking." *Carrie Sawtell, first-year parent from North Canton, OH*

## DATES

**6/22/20 – 7/5/20**

**7/10/20 – 7/23/20**

**7/29/20 – 8/11/20**

## PRICE

**$3,795**

## INCLUDED IN TUITION:

- **All food and lodging**
- **All group and technical equipment (tent, sleeping bag, sleeping pad, backpacking pack, mess kit, etc.)**
- **Guided activities**

## NOT INCLUDED IN TUITION:

- **Trip insurance**
- **Airfare to and from**
- **Personal clothing and items (see the Yellowstone Teton Adventure packing list)**

# READY TO SIGN UP?
## THERE ARE THREE WAYS:

» **APPLY ONLINE** AT ADVENTURETREKS.COM/ENROLL

» **CALL US** AT 888-954-5555

» **OR EMAIL** AMANDA FOX-MCGLASHAN, OUR MARKETING DIRECTOR, AT AMANDA@ADVENTURETREKS.COM

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