



adventure
TREKS

PACIFIC NORTHWEST ADVENTURE

SUMMER 2021



For three weeks, come explore the lush and vibrant landscape of the Pacific Northwest. Stand at the summit of Mount St. Helens and peer down into a still-smoking crater—an incredible photo opportunity!—before glissading (sliding) down the mountain. Hike through North Cascades National Park, nicknamed the “American Alps” for its dramatic, glacier-covered peaks. Canoe on the emerald-colored Ross and Diablo lakes. Rock climb in one of Washington’s most beautiful areas, Icicle Creek Canyon (don’t worry—you won’t freeze here!), before hopping into a raft on the Wenatchee River to cool off in the rapids. Sleep under the stars on the beach in Olympic National Park, sea kayak in the calm waters of Port Angeles, and finish your visit with a thrilling rafting trip down the world-famous White Salmon River.



**CURRENT
GRADES**
8TH–9TH

LENGTH
20 DAYS

“I was blown away by how close our shy son got to his peers. He made deep friendships and connections that he immediately declared were friends he would stay in touch with. We have never gotten a report like this in the five years we sent him to Camp Pinnacle—which he LOVED by the way. He loved his community and enjoyed belonging to a close-knit group.” *Allison Polish, parent from Chapel Hill, NC*

ACTIVITIES



Backpacking



Canoeing



Rock climbing



Mountaineering

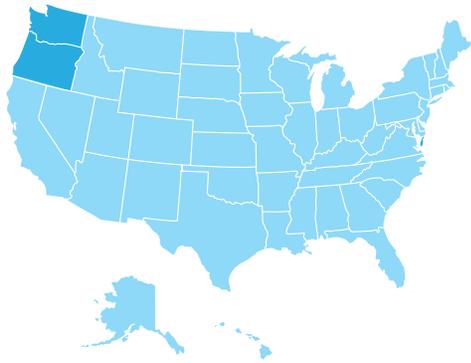


Sea kayaking



Whitewater rafting

ITINERARY



NOTE: *Each session of the Pacific Northwest Adventure may complete their activities in a different order; parents will receive daily, detailed itineraries of their child's specific trip in May 2021.*

DAY 1 ARRIVAL

Fly or drive into Portland International Airport (PDX) or Seattle-Tacoma International Airport (SEA)* and meet your group and instructors! Once all students and their luggage have arrived, we'll drive to our first campsite, where we'll have our delicious "Yahoo!" dinner (chicken, steak, veggie burgers, cheesy mashed potatoes, and fruit salad) and spend our first night playing games and getting to know each other.

* See page 7

DAY 2 DAY HIKE

For trips starting in Portland, students will day hike in the southern region of Olympic National Forest. For students starting in Seattle, students will hike around Pyramid Lake in North Cascades National Park. Everyone will split up into smaller groups to explore different trails and get to eat lunch by and swim in a stunning alpine lake!

DAYS 3-6 BACKPACK IN OLYMPIC NATIONAL PARK

Olympic National Park contains one of the country's most beautiful and wild beach hikes. Over four days, you'll get to see bald eagles, otters, sea lions, and seals while walking with the sea on one side and sheer cliffs on the other. Camp on secluded beaches, surrounded only by your best new friends, impressive sea stacks, and starry skies.





DAY 7

SEA KAYAK IN PORT ANGELES

Surround yourself with otters, harbor seals, bald eagles, and maybe even a whale while sea kayaking off the rugged coast in the Strait of Juan de Fuca. You'll cruise past sea stacks and craggy cliffs, and you may even find a few seastars or sea urchins!

DAY 8

LOGISTICS AND TRAVEL

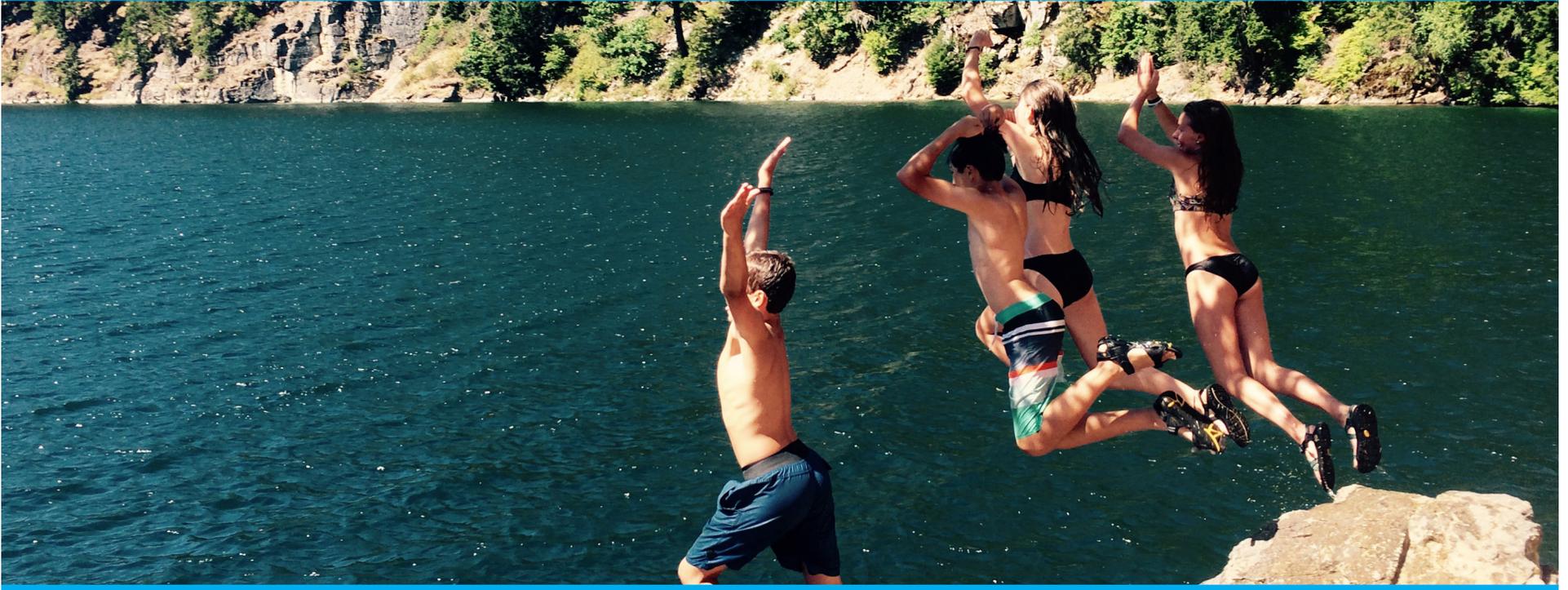
Laundry day! Students and instructors will work together to get laundry done, refresh our food supply, and do a thorough van clean-up. Then we'll head east to Leavenworth for climbing and rafting.

DAY 9

ROCK CLIMBING IN ICICLE CANYON

Though it may sound like a chilly spot, Icicle Creek Canyon is actually named for its native epithet, Nasikelt, and it's actually quite warm! The sheer granite cliffs that line this canyon offer options for everyone, from the timid beginner to the bold veteran. The friends you've made will be there to support and encourage you, no matter which routes you choose to climb. Cool breezes that waft from the river help keep the summer temperatures comfortable, and when you've had your fill of climbing, take a dip in the creek!





DAY 10

**WHITEWATER RAFT THE
WENATCHEE RIVER**

Navigate big and fun rapids on the Wenatchee through Leavenworth, stopping only to jump in swimming holes and start splash wars. The waves are dramatic, but they're also accessible to students of all capabilities!

DAY 11

TRAVEL DAY

After we've had our fill of the Bavarian-themed Leavenworth, we'll head north and prepare for our next backpack in North Cascades National Park.

DAYS 12-16

**BACKPACK IN NORTH CASCADES
NATIONAL PARK**

For five days, you'll hike through glaciers framed by gigantic Fraser fir trees and cascading rivers. The incredibly lush landscape offers multiple opportunities to marvel at its biodiversity, and with a little bit of luck, you might even spot a few sunbathing marmots, mule deer or black-tailed deer, and mountain goats scrambling up rock faces! In between days on the trail, trade your backpack for oars as you canoe on picturesque Ross Lake or Diablo Lake.



DAYS 17–18

**TRAVEL TO CLIMB MT. ST. HELENS
(8,366 FEET)**

It's time to head back toward the Oregon/Washington border to prepare for our climb of Mt. St. Helens! The most famous stratovolcano in the United States beckons to student hikers all of levels. Students will stand on the edge of the ever-growing crater and its surrounding glacier, literally watching geology in the making. Rewards for this challenging hike also include 360-degree views of Mt. Rainier, Mt. Adams, and Mt. Hood.

DAY 19

**WHITewater RAFT THE
WHITE SALMON RIVER**

In 2013, the *New York Times* rated the White Salmon River as #13 among 46 places to visit worldwide. This Wild and Scenic River is federally protected, leaving the water and forestry in pristine condition. Teamwork is required as you bounce down fun, sustained rapids; laughter is recommended.

DAY 20

DEPARTURE

We promise you this: You won't want to leave! But it'll be time for our adventure to come to an end. Relive every memory the night before with a celebratory dinner, and exchange contact info with all of your new best friends so you can stay in touch.

“Adventure Treks

incorporates the physical challenge and outdoor experience with a keen awareness of adolescent individual and group psychology, pro-actively avoiding cliques and steering teens to be more independent and self-aware. They consistently attract excellent instructors and have structured trips to provide an amazing summer outdoors experience that pushes kids to grow physically, mentally, and socially. Sophie returns year after year because she's had such positive experiences, and this year it was urgent to get some peer interaction. Dock and team have always demonstrated exemplary responsibility and attention.” *Mijail Serruya, parent from Merion Station, PA*

TRAVEL INFO

June session:
Arrive and depart
from Portland, OR



PDX →

July session:
Arrive to Seattle,
WA and depart from
Portland, OR

SEA →

← PDX

*Please do not book flights until your child has been officially accepted and enrolled on the Pacific Northwest Adventure trip. However, if you'd like to look up flight options, all students need to arrive to the airport between 8 a.m. and 1 p.m. the first day of the trip, and depart the airport between 6 a.m. and 1 p.m. the last day of the trip.

“During the complex times of a worldwide pandemic and social unrest, the opportunity for my son to bond with his peers in a positive and meaningful way was invaluable. He learned patience, trust, perseverance, and camaraderie that will last a lifetime. We are grateful to Adventure Treks for providing this opportunity and keeping our kids safe and enriched under extraordinary circumstances.” *Jill Swing, parent from Charleston, SC*



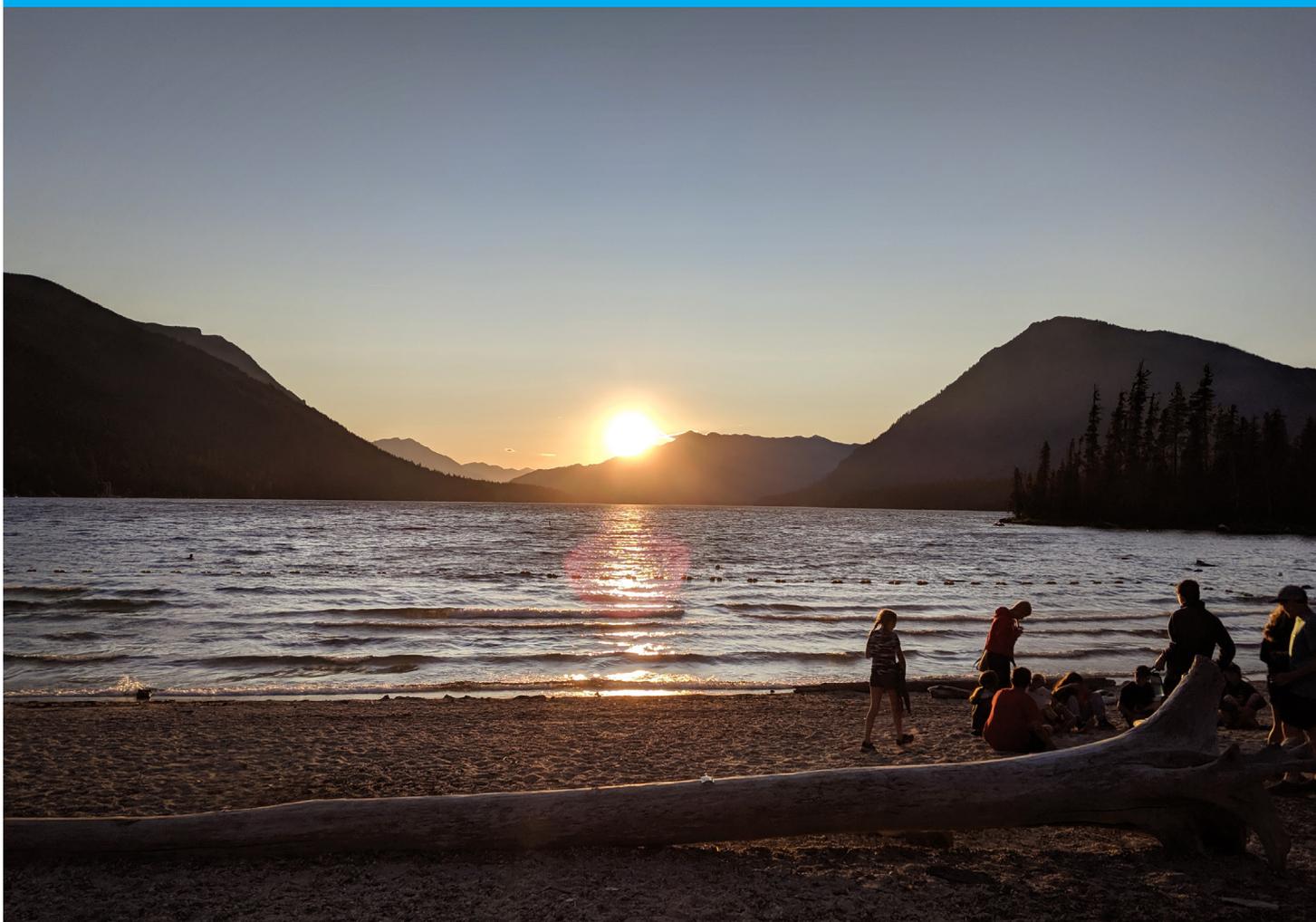
TRANSPORTATION TO AND FROM THE ADVENTURE IS THE RESPONSIBILITY OF THE FAMILY. Our instructors will be eagerly awaiting each of our students' arrivals at the airport. We try our best to meet every student as they walk off the plane, but in the rare event we are unable to, we will call and text your child to guide them to a meeting place. Students call home as soon as they meet with our instructors and gather their baggage.



WEATHER INFO

While we generally enjoy warm temperatures and sunny skies in the Pacific Northwest, weather can change quickly. We'll likely see highs in the lower 80s and lows in the upper 50s, though it may be warmer or chillier than that. It typically rains very little in the Pacific Northwest in the summer. However, one ill-prepared person can negatively affect the safety and fun of the whole group, so please come prepared.

LOGISTICS



DATES

6/21/21 – 7/10/21

7/24/21 – 8/12/21

PRICE

INCLUDED IN TUITION:

- » All food and lodging
- » All group and technical equipment (tent, sleeping bag, sleeping pad, backpacking pack, mess kit, etc.)
- » Guided activities

NOT INCLUDED IN TUITION:

- » Trip insurance
- » Airfare to and from
- » Personal clothing and items

“Some of the first words out of my son’s mouth when he got home were that he had a great time, everyone was so nice, and he felt that he was a part of a community. While connecting with nature is extremely important to me, it was the people that made his experience extraordinary. Adventure Treks does amazing job of choosing instructors who are excellent role models for young people and place the highest value on community-building. My child continues to reminisce about the trip and is looking forward to next year. You’re doing a brilliant job.” *Marsha Berger, parent from Nashville, TN*



READY TO SIGN UP? THERE ARE THREE WAYS:

- » **APPLY ONLINE** AT [ADVENTURETREKS.COM/ENROLL](https://adventuretreks.com/enroll)
- » **CALL US** AT 888-954-5555
- » **OR EMAIL** AMANDA FOX-MCGLASHAN, OUR MARKETING DIRECTOR,
AT AMANDA@ADVENTURETREKS.COM



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