



ADVENTURE TREKS and WESTERN CAROLINA UNIVERSITY: How to get college credit for your Leadership Adventure Semester course

Western Carolina University (WCU) has partnered with Adventure Treks to award academic degree credit for the summer 2021* Leadership Adventure Semester.

Summer 2021 Leadership Adventure Semester (42 days): 4 credit hours

Parks and Recreation Management (PRM) course 254, "Introduction to Outdoor Pursuits" (4 credit hours):

This is an expedition-style course in a wilderness environment. Expedition skills are taught experientially to enable students to lead others safely using minimum impact techniques that preserve the environment. Modes of travel include backpacking, mountaineering, and rafting. Students will receive the wilderness first responder medical certification. This course is designed to give students the confidence and proficiency in understanding how to lead their peers in any environment, as well as giving them the skills necessary to work in an entry-level job in the outdoor industry. Students will be encouraged to develop their teaching and leadership style and personal philosophy about backcountry ethics.

Fall 2021 Leadership Adventure Semester (74 days): 14 credit hours

PRM course 200, "Introduction to Rock Climbing" (2 credit hours)

This is an expedition-style course in a classroom and wilderness environment. Climbing skills are taught experientially to enable students to rock climb safely using minimum impact techniques that preserve the environment. Skills acquired include belaying techniques, top roping, proper climbing technique and etiquette, anchor set-up, cleaning a climbing route, and planning and executing a climbing trip.

PRM course 224, "Survey of Outdoor Adventure Activities" (4 credit hours)

This is an expedition-style course in a wilderness environment designed to facilitate students' engagement and learning in outdoor adventure activities, including, but not limited to, flatwater canoeing, whitewater canoeing, whitewater kayaking, mountain biking, and whitewater rafting.

PRM course 254, "Introduction to Outdoor Pursuits" (4 credit hours)

This is an expedition-style course in a wilderness environment. Expedition skills are taught experientially to enable students to lead others safely using minimum impact techniques that preserve the environment. Modes of travel include backpacking, mountaineering, and rafting. Students will receive the wilderness first responder medical certification. This course is designed to give students the confidence and proficiency in understanding how to lead their peers in any environment, as well as giving them the skills necessary to work in an entry-level job in the outdoor industry. Students will be encouraged to develop their teaching and leadership style and personal philosophy about backcountry ethics.

PRM course 357, "Wilderness First Responder" (4 credit hours)

This course trains participants to respond to emergencies in remote settings. The 80-hour curriculum led by SOLO Schools includes standards for urban and extended care situations. Special topics include but are not

limited to wound management and infection, realigning fractures and reducing dislocations, improvising splinting techniques, monitoring patients, and long-term management problems. Adult/child cardiopulmonary resuscitation (CPR) with automated external defibrillation (AED) is included in this course.

Students are responsible for pursuing academic credit, including completing the WCU application for admission and class registration and submitting the course fees (\$65 application fee + \$55 per credit hour for 4 credit hours).

To apply for WCU credit, please [follow the instructions on this page](#). WCU's Office of Admissions will review the application and determine the student's eligibility for non-degree seeking admission based on prevailing WCU admission criteria.

Once that process is finished, please email Amanda at Adventure Treks at amanda@adventuretreks.com to let her know that you're pursuing academic degree credit with WCU.

Students who are currently enrolled at another college or university should check with their institution prior to registering with WCU to determine this course's eligibility for credit by their home institution.