



adventure  
TREKS

# Ultimate Northwest

SUMMER 2023



For 24 days, wander through an untamed and diverse landscape that simply embodies adventure. Hike with waves crashing on one side and soaring cliffs on the other in Olympic National Park. Rock climb and mountain bike near Bend, Oregon—one of the world’s premier destinations for both sports! Take a hike through the Goat Rocks Wilderness, an untouched land formed by extinct volcanoes. Learn how to whitewater kayak on the Klickitat River before heading to Mt. St. Helens to attempt a summit on a famous volcano. Finish your adventure on the White Salmon River, one of the world’s best raft rides.



2022–2023 GRADES

9<sup>th</sup>-11<sup>th</sup>

LENGTH

24 days

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*Allison went on an Adventure Treks trip last summer, and it was the highlight of her year. This year, she returned for Ultimate Northwest. She loved the friendships and the challenges and the natural beauty of the places they went. Adventure Treks is a trustworthy, highly professional organization that understands teenagers in every aspect. They can articulate honest and thorough responses to parent questions, and they hire instructors with extensive outdoor leadership skill and experiences.*

*Catrina Moore, Durham, NC*



Backpacking



Summit hike



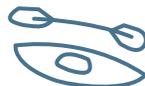
Mountain biking



Whitewater rafting

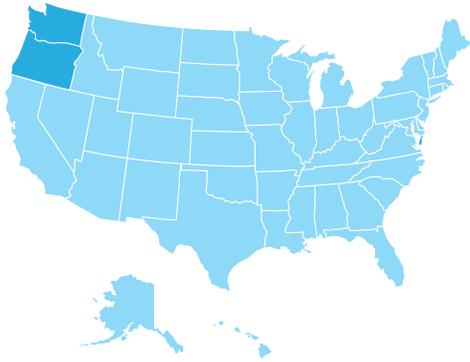


Rock climbing



Whitewater kayaking

# ITINERARY



*This is a sample itinerary; the actual order of activities may vary. Additionally, due to weather or other uncontrollable circumstances, our itinerary may change unexpectedly.*



## DAY 1

### ARRIVE

Fly or drive into Portland International Airport (PDX) and meet your group and instructors! Once all students and their luggage have arrived, we'll drive up to Olympic National Forest, where we'll have our delicious, traditional "Yahoo!" dinner and spend our first night playing games and getting to know each other.

## DAY 2

### DAY HIKE

Students will split up into smaller groups to hike different trails in Olympic National Park. Everyone will hike to a stunning alpine lake, where we'll eat lunch and get to swim!

## DAYS 3-6

### BACKPACK ON THE OLYMPIC PENINSULA

With miles and miles of coast, Olympic National Park contains one of the country's most beautiful and wild beach hikes. Here, you'll see bald eagles, otters, sea lions, and seals while walking with crashing waves on one side and sheer cliffs on the other. Camp on secluded beaches, surrounded only by your best new friends, impressive sea stacks, and starry skies.

## DAY 7

### LOGISTICS DAY

Laundry day! Students and instructors will work together to get laundry done, refresh our food supply, and do a thorough van clean-up. Then we'll head south for mountain biking and rock climbing.



#### DAYS 8–9

##### *MOUNTAIN BIKE*

Strap on your helmet for some of the country's best singletrack trails for two days. Learn a few tips and tricks of mountain biking in grassy fields beneath the 9,068-foot Mt. Bachelor. Then choose your challenge as your group winds through pine forests before descending breathlessly downhill. There are options for every level!

#### DAYS 10–11

##### *ROCK CLIMB*

You'll quickly realize why Smith Rock attracts climbers from all over the world. For two days, test your grit on the welded volcanic tuff that comprises the impressive spires in the park. We'll set up ropes for every ability—progress as you feel ready! You'll be surprised at how quickly you move up through the grades.

#### DAYS 12–16

##### *BACKPACK IN THE GOAT ROCKS*

Named for the mountain goats you'll likely spot as you wind through this spectacular rugged alpine terrain for five days! Vibrant wildflowers fill the valleys, while snow-capped volcanoes rise in all directions. Hike above tree line, where views may extend as many as 100 miles away! This is one of the most extraordinarily beautiful areas we've ever visited; you and your friends will make memories to last the rest of your life.

“*AT trips are incredible growth opportunities. One of the most valuable aspects of these trips is the community the instructors create: a safe, open, fun, tight-knit group. The instructors were optimistic and open. They did an incredible job of creating community.*

*Leslie Bragg, Huntersville, NC*



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*My kids wanted a coed outdoor challenge where they could learn new things, get outside their comfort zone, and meet people different from their friends in NYC. All of these were accomplished! My daughter had an amazing time at AT. She met interesting people, pushed herself beyond what she thought she was capable of, and learned new skills. She was surrounded by other kids who were accepting and also pushing themselves. The instructors were top-notch and safety-focused and provided excellent support.*  
Susan Blank, New York, NY

#### DAYS 17–20

##### *LOGISTICS AND WHITEWATER KAYAK THE KLICKITAT RIVER*

After another day of logistics, we'll head to the Klickitat River for whitewater kayaking instruction on this scenic tributary of the Columbia River, practicing basic paddling strokes, rolls, and safety techniques on flat water before progressing to fun class I, II, or III rapids on the river.

#### DAYS 21–22

##### *CLIMB MT. ST. HELENS*

The most famous stratovolcano in the United States beckons to student hikers all of levels. Students will stand on the edge of the ever-growing crater and its surrounding glacier, literally watching geology in the making. Rewards for this challenging hike also include 360-degree views of Mt. Rainier, Mt. Adams, and Mt. Hood.

#### DAY 23

##### *WHITEWATER RAFT THE WHITE SALMON RIVER*

The White Salmon is one of the world's top rivers to visit. Lined by cliffs carved from ancient lava flows and fed by snowmelt from Mt. Adams, most of our students agree that this is the best rafting in the Pacific Northwest. Get ready for the ride of your life!

#### DAY 24

##### *DEPART*

We promise you this: You won't want to leave! But it'll be time for our adventure to come to an end. Relive every memory the night before with a celebratory dinner, and exchange contact info with all of your new best friends so you can stay in touch.



## Arrive and depart: Portland (PDX)

*Transportation to and from the adventure is the responsibility of the family. Our instructors will be eagerly awaiting each of our students' arrivals in Portland. Students will call home as soon as they meet with our instructors and gather their baggage.*

*Adventure Treks will release specific travel information to students once they have completed the admissions process and been officially accepted and enrolled. If you'd like to look up flight options, please call us for specific arrival and departure windows.*



*Mountain weather can change in an instant. You'll likely experience sunny weather and warm temps, chilly rain, and everything in between.*

*In early 2023, Adventure Treks will provide a detailed packing list to all enrolled students. One ill-prepared person can negatively affect the safety and fun of the whole group, so it's crucial to bring the necessary clothing and equipment.*





## DATES

6/22/23 - 7/15/23

7/19/23 - 8/11/23

## TUITION

\$6,295

### *INCLUDED IN TUITION*

- All food and lodging
- All group and technical equipment (tent, sleeping bag, sleeping pad, backpacking pack, cooking gear, etc.)
- Guided activities

### *NOT INCLUDED IN TUITION*

- Program and travel insurance
- Transportation to and from Adventure Treks
- Personal clothing and items

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*AT was an incredible opportunity for our son. He challenged himself in ways he never has before and that will benefit him in the years to come for sure! He had the most amazing time adventuring and seeing new places. Developing close friendships with kids from all over the world and having to work together as a team, learning from the role modeling of his instructors, having to take care of himself, and recognize what it means to be a leader. He is looking forward to going back to AT again next year! And communication was VERY good! As new parents this year to AT, all questions were answered right away and no question was viewed as silly or crazy. Very professional and warm.*

*Audrey Farquharson, Atlanta, GA*



## READY TO SIGN UP FOR THE GREATEST ADVENTURE OF YOUR LIFE?

Begin the application process [here!](#)

*Adventure Treks strives to foster an inclusive, welcoming, and judgment-free community of peers that celebrates individuals and the unique strengths they bring. It is the student's responsibility to arrive with a safety-conscious mindset; desire to challenge themselves and try new things; and a willingness to participate fully, help with group chores and tasks, and care for themselves and others. We expect from each student a positive and unselfish attitude and a desire to be a part of a close community of friends. Students are expected to respect others' backgrounds, gender identities, and beliefs that may differ from their own. Read more about our terms and conditions and expectations [here](#).*



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