



adventure
TREKS

Leadership Summit

SUMMER 2023



After developing a love of outdoor adventure through previous expeditions, many students decide to strengthen their outdoor, interpersonal, and leadership skills through our capstone Leadership Summit course. Students will gain mastery in outdoor skills like backpacking and mountaineering and take a wilderness medicine certification course. Participants will begin the evolution from student to leader, laying the foundation for planning and executing future outdoor trips or working in the outdoor industry. We limit enrollment so students can dive deeper to improve outdoor leadership, group facilitation, wilderness ethics, environmental education, and team-building initiatives.

Leadership Summit graduates also have the opportunity to apply to Adventure Treks' internship program.



2022–2023 GRADES

11th-12th+

LENGTH

31 days

Due to the backcountry and challenging nature of this trip, returning students must be invited to join Leadership Summit, and preference is given to those who have successfully completed Alaska Expedition. All new students or those who haven't completed Alaska must have previous backcountry experience (e.g., multi-day backpacking trips) and attend an interview with an Adventure Treks director to ensure a mutually good fit.



Backpacking



Mountaineering

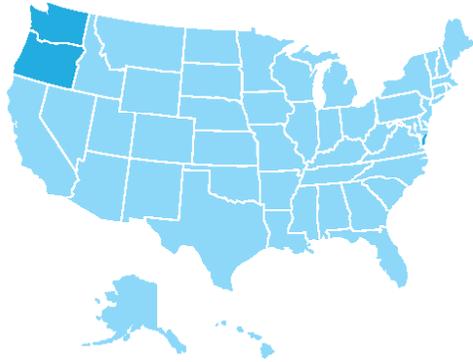


Wilderness first responder



Whitewater rafting

ITINERARY



This is a sample itinerary; the actual order of activities may vary. Additionally, due to weather or other uncontrollable circumstances, our itinerary may change unexpectedly.



DAYS 1-2

ARRIVE & CURRICULUM

Fly into Seattle-Tacoma International Airport (SEA) and meet your group and instructors! Once all students and their luggage have arrived, we'll begin refreshing our knowledge of tent, camp, and tarp setup and learn new skills specific to Leadership Summit. Then we'll have our delicious, traditional "Yahoo!" dinner and spend our first night catching up with old friends and getting to know new ones.

DAYS 3-6

BACKPACK IN NORTH CASCADES NATIONAL PARK

Hike through glaciers framed by gigantic Fraser fir trees and cascading rivers. The incredibly lush landscape offers multiple opportunities to marvel at its biodiversity, and with a little bit of luck, you may spot a few sunbathing marmots, mule deer or black-tailed deer, and mountain goats scrambling up rock faces! When the weather gets hot, cool off in the turquoise waters of a nearby alpine lake.

DAYS 7-15

WILDERNESS FIRST RESPONDER

The wilderness first responder course (WFR) is the standard minimum medical certification for outdoor professionals like guides, search and rescue, and educators. It's also an extremely beneficial course for anyone who takes extended backcountry trips and wants to pursue emergency medical training. Students will participate in classroom learning and hands-on scenarios with topics covering common backcountry issues.



DAYS 16–19

SUMMIT ATTEMPT OF MT. ADAMS

The Pacific Northwest is known for its ancient volcanic peaks that lend themselves to beautiful mountaineering opportunities in the summer. On Mt. Adams, we'll learn how to use ice axes and crampons and practice self-rescue and glissading techniques before attempting to summit the 12,281-foot peak.

DAYS 20–23

BACKPACK THE OLYMPIC PENINSULA

Olympic National Park contains one of the country's most beautiful and wild beach hikes. You'll likely see bald eagles, otters, sea lions, and seals while walking with the sea on one side and sheer cliffs on the other. Camp on secluded beaches, surrounded only by your best new friends, impressive sea stacks, and starry skies.

DAYS 24–29

BACKPACK AND SUMMIT ATTEMPT OF MT. OLYMPUS

Our final capstone backpack and summit attempt, led primarily by you and your peers! Begin hiking through the lush, verdant forests of the Olympics as you head toward the heavily glaciated, 7,980-foot Mt. Olympus (the highest peak in its namesake national park). We'll take the technical knowledge we learned on Mt. Adams and apply it toward Mt. Olympus, where we'll make the dramatic transition from hard-packed dirt trail to crossing the Blue Glacier on a rope team toward the summit.



DAY 30

WHITEWATER RAFT THE WHITE SALMON RIVER

In 2013, the New York Times rated the White Salmon as one of the world's top places to visit. Lined by cliffs carved from ancient lava flows and fed by snowmelt from Mt. Adams, most of our students agree that this is the best rafting in the Pacific Northwest. Get ready for the ride of your life!

DAY 31

DEPART

We promise you this: You won't want to leave! But it'll be time for our adventure to come to an end. Relive every memory the night before with a celebratory dinner, and exchange contact info with all of your new best friends so you can stay in touch.

“

I am beyond grateful for this much-needed breath of fresh air. I have never felt more grounded and connected to the natural world, this community, and myself. On top of that, I have stories and adventures to last a lifetime, and I can't wait to take what I've learned at AT and apply it to all aspects of my life. Words cannot adequately express how thankful I am for this summer and these friendships.

Katie, Asheville, NC

Adventure Treks is the happiest place on earth! The people I've met at AT are some of the coolest people I know. AT is the place where I truly belong and become my best self. It's shaped me in a way that has made me a better human and better outdoorsman. My five years at AT have been the best years ever. Thank you for making my experiences unbelievable. I wouldn't be the person I am today without AT!

Sam, Highland Park, IL



Arrive: Seattle (SEA)
Depart: Portland (PDX)

Transportation to and from the adventure is the responsibility of the family. Our instructors will be eagerly awaiting each of our students' arrivals in Seattle. Students will call home as soon as they meet with our instructors and gather their baggage.

Adventure Treks will release specific travel information to students once they have completed the admissions process and been officially accepted and enrolled. If you'd like to look up flight options, please call us for specific arrival and departure windows.



Mountain weather can change in an instant. You'll likely experience sunny weather and warm temps, chilly rain, and everything in between.

In early 2023, Adventure Treks will provide a detailed packing list to all enrolled students. One ill-prepared person can negatively affect the safety and fun of the whole group, so it's crucial to bring the necessary clothing and equipment.





DATES

6/24/23 - 7/24/23

TUITION

\$6,995

INCLUDED IN TUITION

- All food and lodging
- All group and technical equipment (tent, sleeping bag, sleeping pad, backpacking pack, cooking gear, etc.)
- Guided activities

NOT INCLUDED IN TUITION

- Program and travel insurance
- Transportation to and from Adventure Treks
- Personal clothing and items

“

Hope thrived off the experiences that she enjoyed with Adventure Treks. Each year after her trips, I saw an even more confident, assured, determined young woman. She is strong and true to herself. If your child embraces the experience and participates, contributes, listens, and applies, your child will thrive in so many more ways than just having a blast in the backcountry. You will see your child develop into a confident, strong individual back home. Hope has always been a stellar and exceptionally motivated child, always wanting to excel and to do better than better. But every time she returned from Adventure Treks, I saw a more grown-up individual.

Sheri Matthews, parent from Charleston, SC



READY TO SIGN UP FOR THE GREATEST ADVENTURE OF YOUR LIFE?

Begin the application process [here!](#)

Adventure Treks strives to foster an inclusive, welcoming, and judgment-free community of peers that celebrates individuals and the unique strengths they bring. It is the student's responsibility to arrive with a safety-conscious mindset; desire to challenge themselves and try new things; and a willingness to participate fully, help with group chores and tasks, and care for themselves and others. We expect from each student a positive and unselfish attitude and a desire to be a part of a close community of friends. Students are expected to respect others' backgrounds, gender identities, and beliefs that may differ from their own. Read more about our terms and conditions and expectations [here](#).



adventure
TREKS

PO Box 1321
Flat Rock, NC 28731
888-954-5555
info@adventuretreks.com